W6A, Lesson 2, Journals 1-2, Draft 2

Michelle Wu

2020/07/15

**Journal 1:**

**Do you enjoy writing? Why or why not?**

I do enjoy writing, but it depends on the situation. Sometimes when I have experienced something fun and excited, I want to jot it down in my journal. Sometimes when I am angry at somebody or something I would be willing to write it down to express my indignation. To tell you the truth, if I could choose to do anything I want to do, writing wouldn't come first. But generally speaking, I do love writing, and I love how people express their feelings in their writing, too.

**Journal 2:**

**What is one thing you would like to change about yourself? Why?**

I would love to overcome my fear of public speaking. I am unable to maintain eye contact with the audience while speaking with a loud voice. I always begin sweating before I even step on the stage, and every time I see the audience’s faces, I become so nervous. Even though I would have already practiced my speech many times, I am still unable to overcome my psychological fear. I have had this problem for a long time, and I wish I could be brave enough to defeat this kind of mental block.